



North Clifton Primary School - PSED progression model

Taught in F1, Recapped in F2-



Taught in F2-



Key learning	Small steps of progress			
				North Clifton additions
<p>Building relationships</p>	<p>Become more outgoing with unfamiliar people, in the safe context of their setting.</p> <p>Show more confidence in new social situations.</p>	<p>Play with one or more other children, extending and elaborating play ideas.</p> <p>Help to find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas.</p> <p>Begin to understand how others might be feeling.</p>	<p>Build constructive and respectful relationships.</p> <p>Think about the perspectives of others.</p>	<p>Work and play cooperatively and take turns with others.</p> <p>Form positive attachments to adults and friendships with peers.</p> <p>Show sensitivity to their own and to others' needs.</p>
<p>Independence/ managing self</p>	<p>Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them.</p> <p>Be increasingly independent in meeting their own care needs, e.g. brushing teeth, using the</p>	<p>Increasingly follow rules, understanding why they are important.</p> <p>Remember rules without needing an adult to remind them.</p> <p>Develop their sense of responsibility and membership of a community.</p>	<p>See themselves as a valuable individual.</p> <p>Show resilience and perseverance in the face of challenge.</p> <p>Manage their own needs- personal hygiene</p> <p>Know and talk about the different factors that support</p>	<p>Be confident to try new activities and show independence, resilience and perseverance in the face of challenge.</p> <p>Explain the reasons for rules, know right from wrong and try to behave accordingly.</p> <p>Manage their own basic hygiene and personal needs, including</p>



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	<p>toilet, washing and drying their hands thoroughly.</p> <p>Be aware of healthy choices about food, drink, activity and tooth brushing.</p>	<p>Further develop the skills they need to manage the school day successfully:</p> <ul style="list-style-type: none"> - Lining up and queuing. - Mealtimes. - Personal hygiene. 	<p>their overall health and wellbeing:</p> <ul style="list-style-type: none"> - Regular physical activity. - Healthy eating. - Tooth brushing. - Sensible amounts of 'screen time'. - Having a good sleep routine. - Being a safe pedestrian 	<p>dressing, going to the toilet and understanding the importance of healthy food choices.</p>
Self-regulation	<p>Develop appropriate ways of being assertive</p> <p>Understand gradually how others might be feeling.</p>	<p>Talk with others to solve conflicts.</p> <p>Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.</p> <p>Build constructive and respectful relationships.</p>	<p>Express their feelings and consider the feelings of others.</p> <p>Identify and moderate their own feelings socially and emotionally.</p>	<p>Show an understanding of their own feelings and those of others and begin to regulate their behaviour accordingly.</p> <p>Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate.</p>



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		Express their feelings and consider the feelings of others.		Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.
	Increasingly follow rules, understanding why they are important. Remember rules without needing an adult to remind them.			