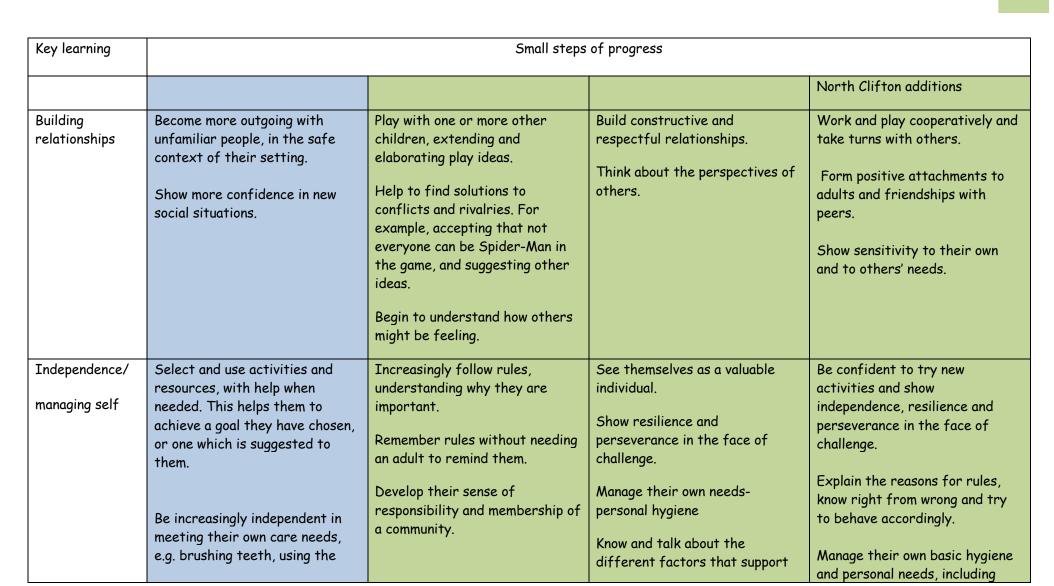


North Clifton Primary School - PSED progression model

Taught in F1, Recapped in F2-

Taught in F2-





North Clifton Primary School - PSED progression model

Taught in F1, Recapped in F2-

Taught in F2-

	toilet, washing and drying their hands thoroughly. Be aware of healthy choices about food, drink, activity and tooth brushing.	Further develop the skills they need to manage the school day successfully: - Lining up and queuing Mealtimes. - Personal hygiene.	their overall health and wellbeing: - Regular physical activity. - Healthy eating. - Tooth brushing. - Sensible amounts of 'screen time'. - Having a good sleep routine. - Being a safe pedestrian	dressing, going to the toilet and understanding the importance of healthy food choices.
Self-regulation	Develop appropriate ways of being assertive Understand gradually how others might be feeling.	Talk with others to solve conflicts. Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'. Build constructive and respectful relationships.	Express their feelings and consider the feelings of others. Identify and moderate their own feelings socially and emotionally.	Show an understanding of their own feelings and those of others and begin to regulate their behaviour accordingly. Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate.



North Clifton Primary School - PSED progression model

Taught in F1, Recapped in F2-



Taught in F2-

	Express their feelings and consider the feelings of others.	Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.
Increasingly follow rules, understanding why they are important. Remember rules without needing an adult to remind them.		